



Alcohol



What is it?

- ◆ Alcoholic is produced by the fermentation of yeast, sugars, and starches.
- ◆ Ethyl alcohol, or ethanol, is an intoxicating ingredient found in beer, wine, and liquor.
- ◆ Alcohol is a Central Nervous System (CNS) depressant that is rapidly absorbed from the stomach and small intestine into the blood stream.
- ◆ A standard drink equals 0.6 ounces of pure ethanol, or 12 ounces of beer; 8 ounces of malt liquor; 5 ounces of wine; or 1.5 ounces of 80-proof distilled liquor/spirits.



How is it used?

- ◆ Swallowed in the form of a beverage. (Beer, Wine, Liquor, Mix Drinks, Etc.)

What are the side effects?

Street Names

- ◆ Booze
- ◆ Hooch
- ◆ Toddy
- ◆ Juice
- ◆ Sauce

Signs of Alcohol Poisoning

Alcohol poisoning is very serious and if someone you know is in trouble, do not hesitate to call 911

Signs Include: Mental confusion or unconsciousness, repeated vomiting, seizures, slow or irregular breathing, low body temperature, pale, clammy, or bluish skin

- ◆ Slurred Speech
- ◆ Drowsiness
- ◆ Vomiting/Diarrhea
- ◆ Headaches
- ◆ Distorted vision and hearing
- ◆ Impaired judgment
- ◆ Decreased perception and coordination
- ◆ Unconsciousness
- ◆ Coma
- ◆ Blackout (memory lapses)
- ◆ Unintentional injuries
- ◆ Alcohol poisoning
- ◆ Stomach Ulcers
- ◆ Per-



Did You Know?

- ◆ Alcohol is a depressant, meaning that it slows down vital body functions.
- ◆ Alcohol is more harmful to preteens and teens than adults because their brains are still developing throughout adolescence and well into young adulthood.
- ◆ Drinking during the brain's critical growth period (before the age of 21) can lead to lifelong damage of memory, motor skills (ability to move), and coordination.
- ◆ Binge drinking is the practice of consuming large quantities of alcohol in a short period of time.
- ◆ Alcohol affects every organ in the body and can damage a developing fetus during pregnancy.
- ◆ In 2012, Michigan passed the 911 Lifeline Legislation. This law provides limited immunity for underage individuals who need medical attention

Jackson County
Substance Abuse Prevention
 Coalition
DrugFreeJackson.com
 Information From:
National Institute on Drug Abuse
 Drug Free World